

Please use this Route Through to learn more about what students are learning in lessons, and how they can extend their learning at home. Please contact the Head of Department or Director of Year for more information.

Subject	What are students learning in lessons?	What could students do to extend their learning and develop their character?
Autumn Term 1	My New School: learn about key people in the school who support safeguarding, understand more about 'education with character', our school values and United Nations Charter on the Rights of the Child.	Be kind and reflective: help your peers to get to lessons effectively. Write a weekly diary entry to reflect on the impact you have had on others.
Autumn Term 2	Friendships and Bullying: conflict resolution, consent, positive peer pressure, different types of bullying, reporting bullying, online safety, safeguarding awareness.	Be curious: learn more about our school anti-bullying policy on The Regis School website and create a poster highlighting the key messages.
Spring Term 1	Puberty: changing bodies both physically and mentally, changes in hormones, feelings and emotions, taking care of our changing bodies, bodily autonomy.	Be curious: use the NHS website to learn about puberty, including changing hormones. Create a glossary of key terms.
Spring Term 2	Puberty: changing bodies both physically and mentally, changes in hormones, feelings and emotions, taking care of our changing bodies, bodily autonomy.	Be responsible: research ways to care for your changing body and create a self-care checklist.
Summer Term 1	Risks: basic first aid, drugs and alcohol education, online safety, risks of exploitation and grooming.	Be responsible: watch St John Ambulance first aid videos on YouTube. Create a first aid guide explaining how to respond to three common emergencies.
Summer Term 2	Risks: basic first aid, drugs and alcohol education, online safety, risks of exploitation and grooming.	Be responsible: create a 'Top 10 Safety Tips for Teenagers' leaflet covering online safety, first aid and personal safety.
How should I plan my time?	Assessment	Home Learning
	Students think hard and answer lots of questions every lesson. Students practice and get feedback on their work. Exam: Students will not sit an exam.	Character tasks to continue the joy of learning beyond the classroom.